



THIS WEEK'S MENU

WEEK COMMENCING
3 FEBRUARY 2020



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MEDITERRANEAN CHICKEN	SPAGHETTI BOLOGNAISE	ROAST PORK WITH STUFFING & GRAVY	SWEET & SOUR CHICKEN	BREADED COD
VEGETARIAN	MEDITERRANEAN QUORN FILLET	QUORN MINCE BOLOGNAISE	LENTIL & BUTTERNUT SQUASH ROAST	SWEET & SOUR VEGETABLES	MARGARITA MUFFIN PIZZAS
POTATOES/RICE/PASTA	PESTO NEW POTATOES	SPAGHETTI	ROAST POTATOES	EGG FRIED RICE	THICK CUT CHIPS
VEGETABLES	ROASTED VEG	BROCCOLI	BRAISED RED CABBAGE & CAULIFLOWER	CUMIN ROASTED CARROTS	MUSHY PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	FRUIT Scone	FLAPJACK	BANOFFEE CHEESECAKE	YOGHURT & FRUIT	CHOCOLATE FUDGE CUPCAKE